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To Whom It May Concern:

I am writing at the request of Leslie Bornstein, who takes a medication called Nexavir (formerly called Kutapressin) for myalgic encephalomyelitis/chronic fatigue syndrome (ME/CFS).

The Institute of Medicine of the National Academy of Sciences published a report in 2015 summarizing the many different organ systems in the body that are affected by this illness.

Nexavir is used by many physicians who care for patients with ME/CFS. There has been no randomized trial of the medicine, but the anecdotal experience of many doctors, including myself, has been quite positive.

ME/CFS has many features indicating that it may involve a chronic viral infection, involving the brain and nervous system. Published research has found that Nexavir has antiviral properties against a virus that has been incriminated in ME/CFS, human herpesvirus-6.

In my opinion, Nexavir is a rational treatment for ME/CFS.

Sincerely,

Anthony L. Komaroff, M.D.

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The Simcox-Clifford-Higby Professor of Medicine, Harvard Medical School Senior Physician, Brigham & Women's Hospital